

TREVIGEN[®] Instructions

For Research Use Only. Not For Use In Diagnostic Procedures

TACS[®] 2 TdT-Fluor *In Situ* Apoptosis Detection Kit

**Reagent kit for
in situ detection of apoptosis in
tissue sections and cells.**

30 Samples

Cat #: 4812-30-K

TACS® 2 TdT-Fluor *In Situ* Apoptosis Detection Kit

Catalog # 4812-30-K

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TACS: Trevigen Apoptotic Cell System.

I. Quick Reference Procedure for TACS® 2 TdT-Fluor *In Situ* Apoptosis Detection Kit (Cat# 4812-30-K): Read through the complete *Instructions for Use* before following this protocol. Some incubation times and washes must be optimized by using the controls for determining optimal labeling conditions.

This page is designed to be photocopied and used as a checklist:

- 1. Immerse hydrated, fixed and immobilized sample in 1X PBS for 10 minutes.
- 2. Cover sample with 50 µl of Proteinase K Solution (*) for at least 15 minutes.

Proteinase K Solution per sample:

- 50 µl Apoptosis Grade™ Water
- 1 µl Proteinase K

- OR** Cover sample with 50 µl of Cytonin™ for 30 minutes.
- 3. Wash two times in deionized water, 2 minutes each.
- 4. Immerse sample in 1X TdT Labeling Buffer for 5 minutes.
 - 45 ml Deionized Water
 - 5 ml 10X TdT Labeling Buffer
- 5. Cover sample with 50 µl of Labeling Reaction Mix(*).
Incubate for 60 minutes at 37 °C in a humidity chamber.

Labeling Reaction Mix per sample:

- 1 µl TdT dNTP
- 1 µl 50X Cation (Mg²⁺, Mn²⁺, or Co²⁺)
- 1 µl TdT Enzyme (Avoid repeated freeze-thaw)
- 50 µl 1X TdT Labeling Buffer

A positive control can be generated at this step, using TACS-Nuclease™ (Section VIII, page 12).

- 6. Immerse sample in 1X TdT Stop Buffer for 5 minutes.
 - 45 ml Deionized Water
 - 5 ml 10X TdT Stop Buffer
- 7. Wash two times in 1X PBS, 2 minutes each.
- 8. Cover sample with 50 µl of Strep-Fluor Solution (*).
Incubate for 20 minutes in the dark. Strep-Fluor Solution:
 - 200 µl 1X PBST
 - 1 µl Strep-Fluorescein
- 9. Wash three times in 1X PBS, 2 minutes each.
- 10. Mount glass coverslip using fluorescence mounting media and view under fluorescence microscope using a 495 nm filter.

(*) - Hydrophobic coverslips may be used for small reagent volumes

II. Introduction

For many cell types in culture, identification of apoptosis and quantification of cell death can be readily achieved using a combination of morphological criteria, extraction and analysis of DNA by agarose gel electrophoresis, and *in situ* detection of DNA fragmentation in immobilized cells. Other approaches include measuring the activation of ICE-like proteases, flow cytometry, detection of annexin V at the cell surface, and cleavage of poly-ADP ribose polymerase. However, for many cell types there are inherent technical difficulties associated with analysis of apoptosis. Many cell types are available only in primary culture thereby limiting the cell number for DNA extraction and analysis, or for labeling and FACS analysis. Many cells tend to be fragile, are less amenable to extensive handling and lose morphology when removed from the substratum for analysis. Many cells are maintained in mixed culture therefore the ability to identify cells using criterion other than morphology is important. Further, it can be difficult to identify cell types in tissue samples.

Trevigen's **TACS® 2 TdT-Fluor *In Situ* Apoptosis Detection Kit** can be used for cells or tissue sections. In addition, many samples can be double labeled by immunocytochemistry to identify additional markers of interest, *e.g.* NCAM, GFAP, or Bax and p53. In addition, TACS® 2 TdT-Fluor comes complete with Cytonin™, a detergent based buffer optimized for the permeabilization of cells prior to labeling. Please see pages 15-17 for information on additional Trevigen products available for the study of apoptosis and cell death.

III. Precautions and Limitations

1. For Research Use Only. Not for use in diagnostic procedures.
2. The physical, chemical and toxicological properties of these products may not yet have been fully investigated, therefore, Trevigen recommends the use of gloves, lab coats and eye protection while using these chemical reagents. Trevigen assumes no liability for damage resulting from handling or contact with these products.
3. The TACS® 2 TdT-Fluor *In Situ* Apoptosis Detection Kit contains reagents that are harmful if swallowed or in contact with skin, and irritating to the eyes, respiratory system and skin. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. Material safety data sheets are available on request.

IV. Materials Supplied

Component	Quantity	Storage	Catalog#
Proteinase K Solution	50 µl	-20 °C	4800-30-01
Cytonin™	6 ml	4 °C	4876-05-01
10X TdT Labeling Buffer	100 ml	4 °C	4810-30-02
10X TdT Stop Buffer	100 ml	4 °C	4810-30-03
TdT dNTP Mix	35 µl	-20 °C	4810-30-04
TdT Enzyme	30 µl	-20 °C	4810-30-05
Strep-Fluorescein	30 µl	-20 °C	4800-30-14
50X Co ²⁺	30 µl	-20 °C	4810-30-09
50X Mg ²⁺	30 µl	-20 °C	4810-30-10
50X Mn ²⁺	50 µl	-20 °C	4810-30-14
TACS-Nuclease™	15 µl	-20 °C	4800-30-15
TACS-Nuclease Buffer	1.5 ml	4 °C	4800-30-16

V. Materials/Equipment Required But Not Supplied

Equipment

1. 1 - 20 μ l, 20 - 200 μ l, and 200 - 1000 μ l pipettors
2. 37 °C incubator
3. 50 and 500 ml graduated cylinders
4. 2 coplin jars
5. -20°C and 4 °C storage
6. ice bucket
7. standard light microscope
8. cryostat or microtome
9. humidity chamber
10. 57 °C incubator or slide warmer
11. pipette helper
12. timer

Reagents

1. ● Apoptosis Grade™ Water
2. ● 10X PBS
3. 37% formaldehyde
4. xylenes
5. 30% hydrogen peroxide
6. 95% and 100% ethanol (or denatured alcohol)
7. methanol
8. butanol
9. ● Fluorescent/aqueous Mounting Medium (Trevigen cat# 4866-20)
10. Tween® 20

Disposables

1. ● Treated Glass Microscope Slides (or alternative support)
2. 50 ml tubes
3. 1 - 200 μ l and 200 - 1000 μ l pipette tips
4. microcentrifuge tubes
5. 1.5 and 10 ml serological pipets
6. gloves
7. ● Hydrophobic Coverslips (optional)
8. glass coverslips
 - Available from Trevigen, Inc. (please see pages 15-17)

VI. Reagent Preparation

Reagents marked with an asterisk (*) should be prepared immediately before use. The volumes given for each reagent are based on processing samples of up to 4 cm² immobilized on glass slides. Different configurations of chamber slides, culture plates, free floating sections, and the use of glass coverslips may require adjustments to the stated volumes. Avoid repeated freeze-thawing of the TACS-Nuclease™.

1. 1X PBS and PBST

Please see page 16 for purchase or preparation of 10X PBS.

Approximately 500 ml of 1X PBS is used to process 1 to 10 slides. Dilute 10X PBS to 1X using distilled water. Store 1X PBS at room temperature. For 1X PBST, add 0.05% Tween® 20 to 1X PBS and mix thoroughly by gentle inversion.

2. *3.7% Buffered Formaldehyde

If required, 50 ml of freshly prepared fixative is used to process 1 to 10 samples. To prepare add:

37% formaldehyde	5 ml
10X PBS	5 ml
ddH2O	40 ml

Wear gloves and exercise caution when handling formaldehyde solutions. Refer to Appendix B (page 17) for alternative fixation methods.

3. *Proteinase K Solution

Use 50 µl of Proteinase K Solution per sample. Store on ice. Thaw provided Proteinase K (Cat# 4800-30-01) at room temperature, then place on ice. To prepare add:

	<u>2 samples</u>	<u>10 samples</u>	<u>n samples</u>
Deionized water	100 µl	500 µl	n x 50 µl
Proteinase K (Cat# 4800-30-01)	2 µl	10 µl	n x 1 µl

Under some circumstances, Proteinase K may be used at a 1:200 dilution. For guidelines please refer to pages 17-18 (Appendices C and D).

4. Cytonin™ (Cat# 4876-05-01)

If required, 50 µl of Cytonin™ is used per sample. Cytonin™ is ready for use. Store at 4°C. Discard if solution is cloudy.

5. 1X TdT Labeling Buffer

Dilute the 10X TdT Labeling Buffer (Cat# 4810-30-02) to 1X using distilled water. Leave at room temperature until use. Use 50 ml of 1X Labeling Buffer to process 1 to 10 samples. Remove an aliquot of 50 µl per sample for preparing the Labeling Reaction Mix (see below) and place on ice.

6. *Labeling Reaction Mix

Thaw TdT dNTP Mix (Cat# 4810-30-04) at room temperature, then place on ice. To maintain optimal enzyme activity, remove the TdT Enzyme (Cat# 4810-30-05) tube from freezer only long enough to pipette the required volume. Alternatively, place the TdT Enzyme in a -20 °C freezer block. Prepare the Labeling Reaction Mix just before use and keep the prepared reaction mix on ice. Prepare 50 µl per sample in the sequence given below:

	<u>2 samples</u>	<u>10 samples</u>	<u>n sample</u>
TdT dNTP Mix (Cat# 4810-30-04)	2 µl	10 µl	n x 1 µl
TdT Enzyme (Cat# 4810-30-05)	2 µl	10 µl	n x 1 µl
50X Cation Stock (see below)	2 µl	10 µl	n x 1 µl
1X TdT Labeling Buffer (item 5)	100 µl	500 µl	n x 50 µl

To select the proper 50X cation stock see Appendix D (page 18).

7. 1X TdT Stop Buffer

Use 50 ml of 1X TdT Stop Buffer to process 1 to 10 samples. Dilute the 10X TdT Stop Buffer (Cat# 4810-30-03) to 1X using distilled water. Leave at room temperature until use.

8. *Strep-Fluorescein Solution

Use 50 µl of Strep-Fluor Solution per sample. Store prepared Strep-Fluor Solution at room temperature **in the dark** until use. To prepare add:

	<u>4 samples</u>	<u>10 samples</u>	<u>n samples</u>
1X PBST	200 µl	500 µl	n x 50 µl
Strep-Fluor (Cat# 4800-30-14)	1 µl	2.5 µl	n x 0.25 µl

9. Xylenes

Mixed xylenes may be used for deparaffinization and for clarification prior to mounting coverslips onto the samples. Xylenes used for deparaffinization may be reused several times. Xylenes used in deparaffinization should not be used for clarification.

10. 100%, 95%, 70% ethanol

Either 100% (200 proof) or denatured alcohol (90% ethanol, 5% methanol, 5% isopropanol) may be used. Dilute with deionized water to prepare 95% and 70% solutions. Ethanol used for deparaffinization may be reused several times. Ethanol used in deparaffinization should not be used for dehydration.

11. *TACS-Nuclease™ and Buffer

For the preparation of a Nuclease-treated positive control sample, it is recommended that the DNA breaks be generated in a separate step (see Section VIII, pg 12), in this case, TACS-Nuclease™ should be diluted 1:50 in TACS Nuclease buffer, as below:

	<u>2 samples</u>	<u>10 samples</u>	<u>n samples</u>
TACS-Nuclease™ Buffer (Cat# 4800-30-16)	100 µl	500 µl	n x 50 µl
TACS-Nuclease™ (Cat# 4800-30-15)	2 µl	10 µl	n x 1 µl

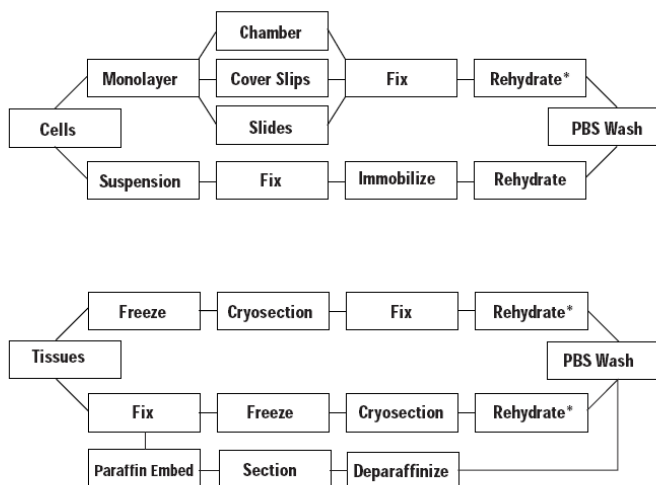
It is also possible to obtain acceptable, but lower intensity, positive control staining by incubating the TACS Nuclease with the Labeling Reaction Mix. In this case, per positive control, prepare:

	<u>per positive control</u>
1X TdT Labeling Buffer (item 5)	50 µl
TdT dNTP Mix (Cat# 4810-30-04)	1 µl
50X Cation Stock (see below)	1 µl
TdT Enzyme (Cat# 4810-30-05)	1 µl
TACS-Nuclease™	1 µl

Use the same cation as in the labeling mix (item 6, previous page). Avoid freeze-thaw cycles for the TACS-Nuclease™.

VII. Assay Protocol

It is important to read through the *Instructions for Use* before preparing tissue or cell samples for labeling.



* Rehydration may not be required if samples are not dried.

There are key steps that are very important for successful labeling. This section includes instructions for sample preparation, *in situ* labeling and viewing. The assay protocol for labeling is in tabulated form and details the steps involved in the labeling reaction and in preparing the sample for viewing. Prior to labeling, the samples must be rehydrated, if necessary, and washed in PBS. The labeling procedure begins with samples in PBS regardless of the fixation and immobilization method.

Follow the appropriate flow diagram to determine the correct sequence of steps needed to prepare samples. Details for preparing cells and tissues before labeling are provided in *Sample Preparation and Fixation* (below). The tissue or cell type, source, storage conditions, facilities and equipment available will help determine which method is most appropriate. In addition, careful consideration of each method's advantages and disadvantages should be made. The Appendix provides alternative preparation methods including analysis by electron microscopy. Contact Trevigen's Technical Service for additional information about other methods not described.

A. Sample Preparation and Fixation

A.1 Preparation of Cells in Culture

a. Preparation of Suspension Cells

Cells grown in suspension or prepared from dissociated tissues can be fixed in solution, and then spotted onto pretreated glass microscope slides for processing. This method is quick and easy and requires no special equipment. Cells immobilized onto glass slides can be stored for several months.

Method

1. Harvest cell suspension by centrifugation at 500 x *g* for 5 minutes at room temperature.
2. Discard media and resuspend at 1×10^6 cells per ml in 3.7% buffered formaldehyde. Let stand for 10 minutes at room temperature.
3. Centrifuge at 500 x *g* for 5 minutes at room temperature and discard fixative.
4. Resuspend at 1×10^7 cells per ml in 80% ethanol. Cells can be stored in 80% ethanol at 4 °C in the dark for several weeks. However, signal intensity in positive cells will reduce with time due to the loss of small DNA fragments.
5. Spot 1×10^5 cells onto clean glass microscope slide. Dry for 20-60 minutes on a slide warmer at 45 °C.

Note: Glass slides pretreated for electrostatic adherence are recommended (e.g. Trevigen's Three Ring Treated Microscope Slides, Cat# 4864-100). Other slide treatments (e.g. collagen, gelatin, poly-L-lysine) can cause increased background staining.

6. Immerse slide in 70% ethanol for 10 minutes, then air dry overnight at room temperature or dry at 45 °C for 2 hours. Samples may be stored at this point. Store samples at 4 °C in airtight containers with desiccant for up to several months. After storage, rehydrate through a decreasing alcohol series and wash in 1X PBS prior to the labeling reaction (step 7 and 8 below).
7. Rehydrate by immersing for 5 minutes each in 100%, 95%, and 70% ethanol.
8. Immerse in 1X PBS and proceed to Labeling Procedure, page 11.

b. Preparation of Cells in Monolayer

On Sterile Chamber Slides

For optimal outcomes, cells should be grown on a surface that allows for both fixation and direct labeling, such as sterile chamber slides. Remove the chamber walls and gasket after fixation. The chamber walls and gasket may be left in place during the labeling reaction if different treatments, e.g. no enzyme and nuclease treatment, are required for adjacent samples on the same slide.

On Sterile Slides

Other cell culture methods include culturing directly on microscope slides. The slides must be sterile and, if necessary, pretreated to ensure cell adhesion. Sterilize microscope slides by autoclaving in a large glass Petri dish. If needed, coat slides with sterile poly-L-lysine or collagen, however, these slide pretreatments may increase background staining. Place sterile microscope slides in culture vessel directly before plating cells.

On Sterile Glass Coverslips

Cells can be cultured directly on sterile coverslips that are placed into a 12- or 24-well tissue culture plate. Sterilize coverslips by autoclaving in a large glass Petri dish. If needed, coat coverslips with sterile poly-L-lysine or collagen, however, these slide pretreatments may increase background staining. Place sterile glass coverslips in wells of tissue culture dishes (12 mm coverslips fit into 24-well tissue culture plates) using fine tipped sterile forceps. Handle only at edges prior to cell plating.

Method

1. Remove media from cells and rinse once with 1X PBS at room temperature.
2. Fix cells for 10 minutes at room temperature in 3.7% buffered formaldehyde.
3. Wash cells one time in 1X PBS. Samples can be stored at this point, using one of the following methods:
 - a) Dehydrate the cells by passing through an increasing alcohol series of 70%, 95%, and 100% ethanol for 5 minutes each followed by air drying for 10 minutes. Store at 4 °C with desiccant.
 - b) Fixed cells can be stored for up to 1 week in Cytonin™ at 4 °C. The samples must be covered to prevent contamination and evaporation. If experimental design dictates a time course extending over several days, storage in Cytonin™ is recommended.

Note: labeling directly after fixation is optimal as the labeling of some samples is less efficient after storage. If possible, a pilot study should be performed to ensure that stored fixed samples can be labeled.
4. Proceed to Labeling Procedure on page 11.

A.2 Preparation of Tissues

Use of glass slides pretreated for electrostatic adherence is recommended for all tissues (e.g. Trevigen's Treated Glass Microscope Slides, Cat# 4861-72).

a. Preparation of Fresh Frozen Sections

Frozen samples are easily permeabilized for labeling. Some disadvantages include the difficulty in collecting good quality sections, the need to cut thicker sections, and poor retention of morphology. Frozen sections are less resistant to protease treatments and can lift off if not collected onto the appropriately pre-treated slides and dried thoroughly. **Samples must be fixed prior to labeling.**

i) Freeze Tissue

Rapidly freeze tissue or biopsy immediately after removal by immersing in liquid nitrogen or on dry ice. Store frozen tissue below -70 °C.

ii) Cryosection Frozen Tissue

Samples may be embedded in a cutting matrix. Position the sample within cutting matrix in a suitable container. Immerse embedded tissue in isopentane chilled on dry ice. Frozen samples may be stored for many months at -80 °C.

Using the cutting matrix, attach the sample to cutting block and equilibrate to the temperature of the cryostat before sectioning. Collect sections between 6-15 µm on glass slides pretreated for electrostatic adherence.

Individual expertise and tissue type will determine the thickness of the sections. Sections between 10-15 µm provide the best results. Sections between 6-9 µm tend to tear during cutting, resulting in rough edges that can increase the background staining. Up to 3 sections can be placed per slide; each spaced well apart to prevent reagents from mixing between samples.

iii) Fixation after cryosectioning

Method

1. It is critical to dry the samples thoroughly after sectioning. Dry overnight at room temperature or for at least 2 hours at 45 °C on a slide warmer. Samples can be stored at this point. Store slides at -80 °C with desiccant for up to 3 months. After storage equilibrate samples to room temperature and redry for 2 hours at room temperature or 2 hours on a slide warmer at 45°C. Proceed with rehydration from step 2 below.
2. Rehydrate by immersing for 5 minutes each in 100%, 95%, then 70% ethanol.
3. Wash once in 1X PBS for 5 minutes.
4. Fix samples by immersing in 3.7% buffered formaldehyde for 10 minutes at room temperature.
5. Wash cells 1 time in 1X PBS.
6. Proceed to Labeling Procedure on page 11.

b. Preparation of Fixed Samples Before Sectioning – Immersion or Perfusion

i) Fixation

Samples are routinely fixed by immersion or perfusion methods. After fixation, samples are cryosectioned or paraffin embedded. Formaldehyde is the recommended fixative based on laboratory testing. However, other fixatives that maintain DNA integrity may be used. These include other cross linking agents such as paraformaldehyde and glutaraldehyde. Bouin's reagent should be avoided due to the high acidity. If alternative fixatives are used, it is recommended that a pilot study is performed to ensure that the fixative allows for

permeabilization and labeling.

Immersion Fixation

The fixation time should ensure good cross-linking but prevent tissue from becoming hard and brittle. Some empirical determination of the optimal fixation time may be required. Immerse relatively small pieces of tissue (1 cm³) in at least 10 volumes of 3.7% buffered formaldehyde. After 30 minutes change to fresh fixative and leave at room temperature up to 24 hours. Tissues with high cellularity may require longer fixation times.

Perfusion Fixation

Standard laboratory procedures should be followed for perfusion fixation. Formaldehyde, paraformaldehyde or glutaraldehyde may all be used as fixatives. After 2 hours of perfusion, the dissected tissue should be immersed in fresh fixative for up to 24 hours.

Storage of Fixed Samples

Fixed samples may be stored for long periods. For long term storage, use 70% ethanol or sterile 1X PBS at 4 °C to avoid extended exposure to fixative. Archival material that has been stored in fixative for months or years will be more difficult to permeabilize and may not be useful for *in situ* detection of apoptosis due to DNA degradation.

ii) Sectioning of Fixed Tissue

Cryosection Fixed Tissues

Immerse fixed tissue in 20% sucrose in water at room temperature until the sample sinks. Embed the cryoprotected sample in cutting matrix and freeze. Collect sections of 6-10 µm onto slides pretreated for electrostatic adherence of samples and dried as described in *Preparation of Fresh Frozen Sections* (previous page).

Note: When collecting onto slides from buffer use either a low salt buffer or deionized water to ensure that samples adhere to slides.

Storage of Sectioned Tissues and Rehydration after Storage

Sections of fixed frozen tissue may be stored at -80 °C, with desiccant, for up to one month. After storage, the slides should be equilibrated to room temperature and dried for 2 hours at room temperature or at 45 °C on a slide drier. Rehydrate samples before labeling by immersing for 5 minutes each in 100%, 95%, then 70% ethanol and wash for 10 minutes in 1X PBS.

Section Paraffin Embedded Tissues

Paraffin embedding is a routine procedure in many laboratories and is commonly performed by automated equipment. The temperature of the molten paraffin must not exceed 65 °C, otherwise additional DNA damage can occur leading to spurious positives and high background. Do not bake slides after sectioning.

Sections between 6-10 µm should be collected onto slides pretreated for electrostatic adherence (e.g. Trevigen's Treated Glass Microscope Slides, Cat# 4861-72). Prior to the labeling reaction the samples must be deparaffinized. Optimal labeling is achieved when the samples are processed within days of sectioning.

iii) Deparaffinization

Sections prepared from paraffin blocks require removal of the paraffin prior to the

labeling reaction.

Method

1. Warm slides to 57 °C for 5 minutes.
2. Immerse sections in 2 changes of xylenes, 5 minutes each.
3. Immerse sections in 100%, 95% then 70% ethanol, 5 minutes each.
4. Wash 2 times in 1X PBS, 5 minutes each.
5. Proceed to Labeling Procedure below.

Storage

It is preferable to store the uncut paraffin block at room temperature, as opposed to the sections.

Note: The xylenes and ethanols used for deparaffinization can be reused several times (up to 100 slides may be processed in 200 ml) but they must not be used for rehydration of non-embedded samples or for dehydration after performing the labeling reaction.

B. *In Situ* Labeling Procedure

Details on the labeling procedure are provided in the table below.

Labeling Samples on Slides

Wash slides using small Coplin histology jars. Each jar holds up to 50 ml of buffer and up to 10 slides. For procedural steps involving 50 µl per sample, place slides on a flat surface and spot reagent from above using a pipette tip; do not touch the sample with the pipette tip. Small biopsy samples are easily covered with 50 µl. If 50 µl does not cover the sample, Hydrophobic Coverslips (Cat# 4867-100) may be used after pipetting the 50 µl volume. Lower the Hydrophobic Coverslip from one edge and press down gently to expel any air bubbles. Remove Hydrophobic Coverslips by dipping the slide vertically in distilled water.

Labeling Samples in Chamber Slides

Remove chamber walls and gasket after fixation and process as described for slides. Hydrophobic Coverslips may be used for all steps involving 50 µl reaction volumes. If different labeling reactions are performed on samples on the same slide, leave the plastic walls in place until after the labeling reaction, then remove the plastic walls and rubber gasket and proceed as described above.

Labeling Samples on Glass Coverslips

Process the 12 mm glass coverslips with the cell-side facing up in the 24-well tissue culture plate. Wash by filling the wells with buffer and removing with a Pasteur pipette (use a gentle vacuum if available). Spot the 50 µl reaction volumes directly onto the coverslip. Alternatively, spot the 50 µl reaction buffers onto a clean glass slide, then remove 12 mm glass coverslip from the well and flip it over, cell-side down, on top of the reagent. Use fine tipped forceps and handle glass coverslips only at the very edges. For dehydration and clarification, dip the 12 mm glass cover slips individually in ethanol series and xylenes for 20 seconds.

Note: Xylenes will melt plastics, therefore, do not add xylenes to tissue culture plates.

Labeling Procedure for Immobilized, Fixed, and Rehydrated Samples in 1X PBS

Step	Instructions	Notes
1	Place samples in 1X PBS for 10 minutes at room temperature after rehydration in ethanols. Carefully dry glass slide around sample.	DO NOT allow sample to DRY at any stage prior to completion of protocol.
2	Cover sample with 50 µl of Proteinase K Solution and incubate 15 to 30 minutes at room temperature, or cover sample with 50 µl of Cytonin™ and incubate for 30-120 minutes at room temperature or 4 °C. If necessary, use Cover Slips.	Cytonin™ is recommended for frozen sections and when protease treatment will destroy antigens of interest in double labeling experiments. Refer to Section VI, Reagent Preparation. Time of Proteinase K treatment will vary between cell type. Start at 15 minutes and increase if no labeling occurs.
3	Wash 2 times in deionized water, 2 minutes each.	
4	Immerse slides in 1X TdT Labeling Buffer for 5 minutes.	Refer to page 4 for Reagent Preparation.
5	Cover sample with 50 µl of Labeling Reaction Mix and incubate at 37°C for 1 hour in a humidity chamber (page 19). If necessary, use Hydrophobic Coverslips.	Refer to page 4 for Reagent Preparation. Use humidity chamber during incubation time. For details see Appendix F. To generate a positive control using TACS-Nuclease, refer to page 12.
6	Immerse samples in 1X TdT Stop Buffer for 5 minutes at room temperature to stop labeling reaction.	Refer to page 4 for Reagent Preparation.
7	Wash samples 2 times in 1X PBS for 5 minutes each at room temperature.	This step removes unbound conjugate.
8	Cover sample with 50 µl of Strep-Fluor solution and incubate for 20 minutes at room temperature in the dark. If necessary, use hydrophobic coverslips.	Follow labeling intensity under the microscope to determine the optimal incubation period.
9	Wash samples 2 times in 1X PBS for 2 minutes each.	
10	Proceed to <i>Preparation for Viewing</i> .	

C. Preparation for Viewing

Cells and tissues may be viewed directly. Use an appropriate mounting medium for fluorescent samples and follow the manufacturers instructions. Glass coverslips can be held in fine tipped forceps for mounting: spot only 25 µl mounting medium onto a clean glass slide and mount the coverslip, cell side down, onto the slide.

Trevigen has available Fluorescence Mounting Medium (Cat# 4866-20). To use, rinse samples in distilled water then blot excess water from around sample. Apply two drops of the Fluorescence Mounting Medium (equilibrated to room temperature) onto the sample and position a coverslip on top. The Fluorescence Mounting Medium will solidify in approximately 1 hour at room temperature. For extended storage, dry samples overnight at room temperature in the dark, then seal the border of the coverslip with Trevigen's Mounting Medium (Cat# 4865-25) or with nail polish.

VIII. Controls

If you wish to use a pre-prepared control you may use either the Cell Culture Control Slides (Cat# 4800-30-20) or the Tissue Control Slides (Cat# 4800-30-40). These controls allow you to run through the procedure to become familiar with handling the samples, etc. Each set of Control Slides is shipped with a product information sheet that provides information on the recommended permeabilization method, incubation times, and interpretation of data. It is critical to run controls using the provided TACS-Nuclease to assess and optimize cell/tissue permeabilization; the recommended experimental controls are listed below.

TACS-Nuclease™-Treated Control

Treat one sample with TACS-Nuclease™ to generate DNA breaks in every cell. Avoid repeated freeze-thaw cycles. The TACS-Nuclease™-treated control will confirm that the permeabilization and labeling reaction has worked. The information can help optimize the conditions for the labeling procedure. The majority of cells should exhibit fluorescent green nuclear staining, using FITC filter.

Method

1. After Step 2 (page 11), wash 2 times in deionized water, 2 minutes each.
2. Prepare TACS-Nuclease™ Solution by diluting TACS Nuclease 1:50 in the TACS Nuclease buffer (See Reagent Preparation, pg 5).
3. Cover sample with 50 μ l of TACS-Nuclease™ Solution.
4. Incubate at RT for 10 to 60 minutes in a humidity chamber. If necessary, use Hydrophobic Coverslips.
5. Wash 2 times in 1X PBS for 2 minutes each.
6. Continue from Step 3, Labeling Procedure, page 11.

Though the above method is recommended, to save time, TACS-Nuclease™ can be added directly to the labeling mix of the positive control sample. Add 1 μ l of TACS-Nuclease™ to 50 μ l of complete labeling mix and incubate for the regular labeling time (see Reagent Preparation, page 5). The signal intensity obtained, using this method, is usually lower than the recommended method.

Unlabeled Experimental Control Sample

The TdT Enzyme should be omitted from the Labeling Reaction Mix for one sample. This control will indicate the level of background labeling (fluorescence) associated with non-specific binding of the Strep-Fluor.

Experimental Negative Control Sample

An appropriate experimental control should be included in each experiment and will depend upon the system under study. Typically the experimental negative control will be untreated sample, or normal cells/tissues. Many normal or untreated cells and tissues will have a small number of apoptotic cells so a few cells may have fluorescent staining.

IX. Data Interpretation

Apoptosis is often defined by morphological criterion. Morphological data obtained from standard microscopy and histochemistry should always be considered in conjunction with biochemical assays used to confirm apoptosis.

Cells containing fragmented nuclear chromatin characteristic of apoptosis will exhibit fluorescent staining after labeling. Fluorescent staining in the cytoplasm as well as the nucleus of enlarged or swollen cells may occur in instances of

necrosis. In tissue sections where cells have been torn open during sectioning or the edges of the specimen are ragged there may be non-specific fluorescent staining that is not associated with nuclei.

The Controls listed in Section VIII are important in data interpretation. These Controls allow optimization of *in situ* detection of apoptosis without expending valuable test samples. Under optimal conditions the Unlabeled Control (e.g. enzyme omitted) should show minimal background fluorescent staining, the TACS-Nuclease™-treated sample should show fluorescent staining of almost all cells, and the Experimental Negative Control should resemble the Unlabeled Control. The fluorescent staining of TACS-Nuclease™-treated cells is less intense and usually more diffuse than the staining of truly apoptotic cells. This is due to the difference in chromatin structure between nuclease treated normal cells and the fragmented chromatin of apoptotic cells. Refer to the Troubleshooting Guide for information if the Controls do not provide the expected result.

X. Troubleshooting

Rule out major problems by checking the labeling in the control samples first.

Troubleshooting Guide		
Problem	Cause	Action
Fluorescent staining of cells when the TdT Enzyme is omitted from the Labeling Reaction Mix.	Non-specific binding of Strep-Fluor conjugate.	Increase number of washes after binding.
	Sample dried out during the labeling procedure.	Decrease concentration of Strep-Fluor by diluting stock solution up to 1 in 500. Use Hydrophobic Coverslips (or lids for plates or chamber slides) and incubate in humidity chamber (page 19).
No staining in TACS-Nuclease™-treated sample.	Poor permeabilization and/or excessive fixation with cross-linking fixative (common with archival tissue) preventing enzyme access.	Increase incubation time with Proteinase K (up to 60 minutes) or Cytosin™ (up to overnight at 4 °C).
	No DNA left in sample due to hydrolysis (poor storage of samples or sections).	Read <i>Sample Preparation and Storage</i> , pages 6-10, prior to labeling.
	Excessive (removed all DNA) or inadequate TACS-Nuclease™ treatment.	Optimize time for TACS-Nuclease™ treatment (5 minutes up to 2 hours).
	TdT Enzyme is inactive. The enzyme is the most labile component in the kit.	TdT Enzyme must be stored at -20 °C in a manual defrost freezer. Do not bring enzyme up to ice temperature. Place in -20 °C block or remove aliquot from tube directly in freezer.

Problem	Cause	Action
Labeling of majority of cells in the negative experimental control (e.g. normal tissue or untreated cells) when there is no labeling if the enzyme is omitted and satisfactory labeling of the TACS-Nuclease TM -treated control.	High level of apoptosis (or necrosis) in negative control.	Select a more appropriate negative control or inhibit apoptosis in cell culture (e.g. with protein synthesis inhibitors). Check morphology of cells prior to assay for evidence of excessive apoptosis.
	Excessive Proteinase K treatment	Reduce incubation time in Proteinase K solution to 5-15 minutes. Or dilute Proteinase K 1:200 in water and incubate sample for 15 minutes.
No labeling in experimental sample.	No apoptosis (or necrosis) occurring in sample.	If all controls gave the expected results and were processed at the same time as the experimental sample there may be no DNA fragmentation in cells within the sample.
Experimental sample shows extensive cytoplasmic staining.	High rate of cell death, late apoptosis or necrosis.	Necrotic samples will exhibit cytoplasmic staining. Apoptosis in cell culture will progress to necrosis. Reduce time of treatment in cell culture.

XI. References

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XII. Related products available from Trevigen.

Catalog #	Description	Size
4817-60-K	FlowTACS™ Kit	60 samples
4822-96-K	HT TiterTACS™ Assay Kit	96 tests
4830-01-K	TACS® Annexin V FITC Kit	100 samples
4835-01-K	TACS® Annexin V Biotin Kit	100 samples
6300-100-K	DePsipher™ Mitochondrial Potential Assay Kit	100 tests
6305-100-K	MitoShift™ Mitochondrial Potential Assay Kit	100 tests
4815-30-K	TumorTACS™ <i>In Situ</i> Apoptosis Detection Kit	30 samples
4823-30-K	NeuroTACS™ <i>In Situ</i> Apoptosis Detection Kit	30 samples
4827-30-K	CardioTACS™ <i>In Situ</i> Apoptosis Detection Kit	30 samples
4829-30-K	DermaTACS™ <i>In Situ</i> Apoptosis Detection Kit	30 samples
4826-30-K	VasoTACS™ <i>In Situ</i> Apoptosis Detection Kit	30 samples
4828-30-BK	TACS•XL® Blue Label <i>In Situ</i> Apoptosis Detection Kit	30 samples
4811-30-K	TACS® 2 TdT Blue Label <i>In Situ</i> Apoptosis Detection Kit	30 samples
4810-30-K	TACS® 2 TdT DAB <i>In Situ</i> Apoptosis Detection Kit	30 samples
4850-20-ET	TACS® Apoptotic DNA Laddering Kit EtBr	20 samples
4892-010-K	Cultrex® Calcein-AM Cell Viability Kit	1000 tests
4684-096-K	HT Universal Colorimetric PARP Apoptosis Assay	96 tests
4685-096-K	HT Universal Chemiluminescent PARP Apoptosis Assay	96 tests

Antibodies

Catalog #	Description	Size
4411-PC-100	Anti-Phosphorylated Histone-γ-H2AX polyclonal	100 µl
2291-MC-100	Anti-human-Bcl-2 mAb (clone YTH-8C8)	100 µg
2300-MC-100	Anti-human-Bcl-XL mAb (clone YTH-2H12)	100 µg
2280-MC-100	Anti-mouse-Bax mAb (clone YTH-5B7)	100 µg
2281-MC-100	Anti-human-Bax mAb (clone YTH-6A7)	100 µg
2282-MC-100	Anti-human-Bax mAb (clone YTH-2D2)	100 µg
2305-PC-100	Anti-cleaved human/mouse-Caspase 3 polyclonal	40 µg
6361-PC-100	Anti-human/mouse-PBR polyclonal	100 µl
4335-MC-100	Anti-PAR polymer mAb (10HA)	100 µl
4336-BPC-100	Anti- PAR polymer polyclonal	100 µl
4338-MC-50	Anti-human/murine-PARP mAb (clone C2-10)	50 µg

Accessories

Catalog #	Description	Size
4800-30-40	Tissue Control Slides	2 ea.
4864-100	Treated Glass Microscope Slides w/3 sample Hydrophobic Barrier	100 ea.
4800-30-20	Cell Culture Control Slides	2 ea.
4867-100	Hydrophobic Coverslips	100 ea.
4865-25	Mounting Medium	25 ml
4800-30-14	Strep-Fluorescein	30 µl
4870-500-6	10X PBS	6 x 500 ml
4830-100-03	Propidium Iodide	30 µl
4869-500-6	Apoptosis Grade™ H ₂ O	6 x 500 ml
4820-30-13	Blue Counterstain	50 ml
4825-30-RL	Red Label	30 samples
4862-10	Coverslips 24 x 60 mm, No. 1.5	10 x 1 oz..
4878-05-02	Cytonin IHC™	2 x 5 ml

XIII. Appendices

Appendix A. Reagent and Buffer Composition

10X PBS, pH 7.4 (Cat# 4870-500-6) – Sold Separately:

75 mM disodium hydrogen phosphate (Na_2HPO_4)
 25 mM sodium dihydrogen phosphate (NaH_2PO_4)
 1.45 M sodium chloride (NaCl)

Apoptosis Grade™ Water (Cat# 4869-500-6) – Sold Separately:

Deionized (18 mΩ) sterile water
 Distilled autoclaved water can also be used

Cytonin™ (Cat# 4876-05-01):

Proprietary permeabilization and blocking agent

Proteinase K (Cat# 4800-30-01):

1 mg/ml proteinase K

10X TdT Labeling Buffer (Cat# 4810-30-02):

1 M TACS® Safe-TdT™ Buffer
 0.5 mg/ml BSA (RIA Grade)
 0.6 mM 2-mercaptoethanesulfonic acid (MESNA)

10X TdT Stop Buffer (Cat# 4810-30-03):

0.1M EDTA, pH 8.0

TdT dNTP Mix (Cat# 4810-30-04):

0.25 mM biotinylated dNTP

Strep-Fluor (Cat# 4800-30-14):

Signal Agent

TACS-Nuclease™ (Cat# 4800-30-15):

Proprietary endonuclease

TACS-Nuclease™ Buffer (Cat# 4800-30-16):

50 mM Tris-Cl, pH 8.0
 1 mM magnesium chloride
 100 µg/ml BSA

Appendix B. Fixation Methods

There are several fixation methods commonly used that are appropriate for the protocol described in the *Instructions for Use*. Formaldehyde is the recommended fixative based on laboratory testing. However, other fixatives that maintain DNA integrity may be used. These include other cross linking agents such as paraformaldehyde and glutaraldehyde. Bouin's fixative should be avoided due to the picric acid content. Regardless of the fixative used, it is important not to fix cells and tissues for extended periods of time. Post fixation in acetone, ethanol, or methanol is common in preparation of tissues.

To store the immobilized fixed cells, i.e. on slides, chamber slides or coverslips, post-fix in 100% methanol after fixation, wash in PBS and then store in Cytonin™ at 4 °C for up to one week. After storage, wash in 1X Labeling buffer then continue with the labeling reaction at step 4 (page 11).

Note: If cells are fixed using alcohol, e.g. ethanol, there will be leakage of small DNA fragments from apoptotic cells during storage and labeling intensity of apoptotic cells will be reduced.

Appendix C. Double Labeling Hints and Tips

The *in situ* labeling protocol described here is useful for double labeling experiments when the occurrence of apoptosis can be correlated with cellular antigens against which antibodies are available. **Note:** The antibody must recognize the fixed form of the antigen of interest.

The key to double labeling experiments is determining fixation and permeabilization conditions under which both antigen and DNA integrity are maintained. Appropriate fixatives for DNA labeling are provided in Appendix B. Post-treatments used in immunocytochemistry to permeabilize or expose antigenic determinants include treatment with proteases, acid or base, detergent and microwaving. Permeabilization with Cytonin IHC™ (Cat# 4878-05-02) may be sufficient for many antibodies and additional treatment may not be needed. Protease treatment is not recommended on most samples because the antigens of interest will often disintegrate. Strong acid or base treatment should be avoided. Microwaving is an option that has given excellent results in double labeling experiments but requires careful empirical determination for correct wattage, time and cooling cycles for each sample.

Empirically determine optimal conditions for immunohistochemistry and *in situ* detection of apoptosis in separate experiments first. Combine the two methodologies only after optimizing separately on the same samples. Plan carefully and include controls to allow interpretation of double labeled samples. Controls for immunohistochemistry may include omission of primary antibodies to determine binding of the secondary antibody. In addition, blocking the primary antibody binding site with antigens may establish and demonstrate specificity.

A brief immunocytochemistry protocol is provided for using a fluorescent-conjugated secondary antibody. Antibody concentrations, incubation times, temperatures, and buffers may have to be optimized empirically for each system under study.

Method

1. After fixation, permeabilize with Cytonin IHC™ at room temperature for 1 hour. Use a Humidity Chamber (Page 19) to prevent evaporation.
2. Wash 1 time in 1X PBS.
3. Incubate at 4°C overnight with primary antibody diluted in Cytonin IHC™. Use a Humidity Chamber to prevent evaporation.
4. Wash 3 times in 1X PBST.
5. Incubate with fluor-labeled secondary antibody diluted in Cytonin IHC™ at room temperature for 1 hour.
6. Wash 3 times in 1X PBST for 5 minutes each wash.
7. Proceed with *In Situ* Detection beginning with step 4, immersing slides in 1X Labeling Solution.

The selection of the fluorophores should be considered ahead of time. The filters available for the microscope will determine the likely selection of fluorophores-conjugated to streptavidin or directly to the secondary antibody.

Appendix D. Suggestions for Assay Optimization

The following table shows examples of conditions that have been used for labeling the tissues listed and acts as a guide only. Actual incubation times and the permeabilization method selected will require empirical determination for optimal results. When using paraffin-embedded sections, permeabilization is often a limiting step, therefore, start with a 1:50 dilution of proteinase K for permeabilization at 37°C for 15 minutes. Try manganese cation in the labeling reaction. If background is high, reduce the proteinase K concentration and incubation time and temperature. Use cobalt cation in the labeling reaction. If insufficient permeabilization is suspected, incubate the sample with a 1:50 dilution of proteinase K at 37°C for 30 minutes. When using fresh frozen sections, nominal permeabilization is required, therefore, start with Cytonin™ for permeabilization. If there is insufficient labeling, permeabilize with proteinase K at 1:200 for 15 minutes at 37°C.

	Cytocin™	Pro K (1:50)	Pro K (1:200)	Mg2+	Co2+	Mn2+
Brain	•	•	•		•	•
Heart		•			•	•
Lung	•		•		•	•
Liver		•			•	•
Kidney		•			•	•
Spleen		•			•	•
Duodenum		•			•	•
Colon	•	•			•	•
Small Intestine	•	•			•	•
Large Intestine	•	•			•	•
Skin		•			•	•
Bone/Cartilage	•	•			•	•
Tumor		•	•	•	•	•
Epithelium		•	•		•	•
Endothelium		•	•		•	•
Cultured Cells (stored dry)	•	•			•	•
Cultured Cells (fresh)	•	•			•	•

Note: use only one Cation.

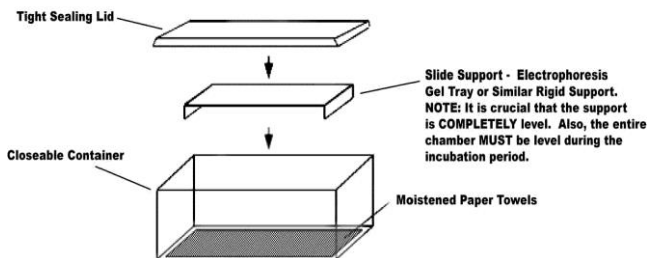
Appendix E. Electron Microscopy

The protocol given here can be adapted for electron microscopy. Both pre- and post-embedding labeling can be performed depending upon the system under study. For pre-embedding, fix sample and post-fix in osmium. After embedding and ultrathin sectioning, process sample for DNA labeling up to and including the washes of the labeling procedure prior to incubation with streptavidin. For detection of incorporated biotin use streptavidin conjugated to colloidal gold and incubate overnight at 4°C. Stain with uranyl acetate.

For some samples post-embedding may be more convenient. Use fixed floating sections and process for *in situ* labeling up to and including the washes in the labeling procedure prior to streptavidin binding. Incubate in streptavidin conjugated to colloidal gold overnight at 4°C. Wash, then proceed with standard embedding procedure and ultra thin sectioning. Contact Trevigen® for more details.

Appendix F. Humidity Chamber

To prevent evaporation it is recommended that incubations at 37°C are carried out in a humidity chamber. A humidity chamber can be made using a plastic box with a tight fitting lid and two glass rods or other support. Place paper towel on the bottom of the box and wet thoroughly with water. Lay the glass rods parallel to each other and less than one slide length apart on the wet tissue. Position the slides on the glass rods and place the plastic box, with lid, in a 37°C incubator. Ensure that the slides are horizontal.



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