

Manual

# Vitamin B<sub>6</sub> HPLC Kit

For the determination of vitamin B<sub>s</sub> in plasma, serum, whole blood and dried blood spots

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#### 1. INTENDED USE

This HPLC application is intended for the quantitative determination of vitamin  $B_6$  in plasma, serum, EDTA whole blood and dried blood spots (DBS). or research use only. Not for use in diagnostic procedures.

#### 2. SUMMARY AND EXPLANATION OF THE TEST

Vitamin  $B_6$  is the term for pyridoxin, pyridoxal and pyridoxamin and the appropriate phosphate products. All forms can be transformed into the active form pyridoxal-5-phosphate (here referred to as vitamin  $B_6$ ).

Vitamin  $B_6$  functions as a coenzyme and is essential for more than 50 reactions in the protein metabolism thereby synthesizing, transforming or degrading amino acids. Vitamin  $B_6$  supports the resorption of amino acids and their transport into the cells. Furtheron vitamin  $B_6$  contributes to the synthesis of neuro transmitters and amine products (histamin).

Vitamin  $B_6$  is involved in a variety of different metabolic reactions. This leads to a wealth of possible research fields around the topic of vitamin  $B_6$ .

#### Possible fields of research:

- determination of vitamin B<sub>6</sub> status
- · homocysteinaemia
- skin diseases
- · movement disorders
- · Anaemia, depression

#### 3. PRINCIPLE OF THE TEST

The first step in the determination of vitamin  $B_6$  includes the sample preparation with additional derivatisation. During the precipitation, higher molecular substances are removed. The supernatant is used for derivatisation (5 min at 60 °C), thereby transforming the vitamin  $B_6$  into a fluorescent product. The sample is then injected into the HPLC system.

The separation via HPLC follows an isocratic method at 30 °C using a reversed phase column; one run lasts about 7 minutes. The quantification is performed with the delivered calibrator; the concentration is calculated via integration of the peak area/heights.

### **Summary**

This HPLC application for the determination of vitamin  $B_6$  allows to determine the vitamin in an easy, fast and precise method. The kit includes all reagents in ready to use form for preparation and separation of the samples with exception of the columns.

As for many other parameters, the advantage of HPLC analytics is the simultaneous handling of many analytes in a single test. The HPLC complete system enables even laboratories without experience in high performance liquid chromatography to use this technique for scientific chemical routines quickly and precisely. Mostly, a one-point calibration is sufficient for calibrating the test system – unlike immunoassays with up to 6 calibrators per test. It is possible to automate the sample application and calculation of the results so that even higher number of samples can be handled nearly without control. With short test series, the one-point calibration is much more economic than 6-point calibration for immunoassays.

#### 4. MATERIAL SUPPLIED

Cat. No.	Label	Kit components	Quantity
KR 0005.15	RECSOL	Reconstitution solution	1 x 15 ml
KCR0003.40	PREC	Precipitation reagent (serum, plasma, whole blood, DBS)	1 x 40 ml
	МОРНА	Mobile phase, ready to use (can be recirculated)	1 x 1 000 ml
KCR2100	CAL	Calibrator; lyophilised (see specification data sheet for concentration)	4x
	DER	Derivatisation solution (contains KCN)	1 x 26 ml
	CTRL1	Control1; lyophilised	4x
	CTRL2	Control2; lyophilised	4 x

For reorders of single components, use the catalogue number followed by the label as product number.

The HPLC column (KCR2100RP), can be ordered separately from Immundiagnostik. To extend the lifetime of your HPLC column, pre-columns (KCR2100VS) are highly recommended. These and also the pre-column holders (KCR2100VH) can also be ordered from Immundiagnostik. In addition to the complete kits, all components can also be ordered separately. Please ask for our single component price list.

### 5. MATERIAL REQUIRED BUT NOT SUPPLIED

- 1.5 ml reaction tubes (e.g. Eppendorf)
- Centrifuge
- Various pipettes
- Vortex
- · HPLC with fluorescence detector
- Reversed phase C<sub>18</sub> column
- Thermoblock
- Ultrasonic bath

#### 6. STORAGE AND PREPARATION OF REAGENTS

- The lyophilised calibrator (CAL) is stable at -20°C until the expiry date stated on the label. Before use, the CAL has to be reconstituted in x ml (x = see the enclosed product specification for the volume needed) reconstitution solution (RECSOL). The concentration of vitamin B<sub>6</sub> slightly changes from lot to lot, please refer to the enclosed product specification sheet for the exact amount.
- The lyophilised controls 1 and 2 (CTRL 1 and CTRL 2) are stable at -20°C until the expiry date stated on the label. Before use, they have to be reconstituted with each xml (x = see the enclosed product specification for the volume needed) reconstitution solution (RECSOL). The concentration of vitamin B<sub>6</sub> slightly changes from lot to lot, the exact concentration is stated on the specification data sheet.
- All other test reagents are ready-to-use. Test reagents are stable until the expiry date (see label) when stored at 2–8°C.

### 7. SPECIMEN COLLECTION AND PREPARATION

Plasma, serum, EDTA-whole blood, CPDA-whole blood and dried blood spots are suitable for use in the assay.

### Sample storage

Vitamin B<sub>6</sub> is light- and temperature-sensitive; therefore, samples have to be protected from light, cooled and centrifuged immediately.

The samples are stable in the dark at 2-8 °C for one week. For longer storage, samples can be frozen and kept at -20 °C for up to 6 months.

### Dried blood spots

### Collection and storage of dried blood spots

 $50\,\mu$ l whole blood dripped on a dried sample carrier cleared by Immundiagnostik AG are suitable as sample material after complete drying. We recommend DrySpot-ID (catalogue no. DZR9020ID or DZR9021ID) as dried blood spot carrier. The moistened cards are stable for 7 days at room temperature. For longer storage, store at -20 °C in a dry place.

#### 8. ASSAY PROCEDURE

### Test procedure

Plasma, serum and whole blood	DBS	
Pipet 100 μl calibrator, control 1 and 2 and samples into 1.5 ml reac- tion tubes (e.g. Eppendorf).	Cut each <b>DBS</b> into 4 parts and put into a 1.5 ml reaction tube (e.g. Eppendorf).	
Add <b>300 µl precipitation reagent</b> (PREC) and <b>vortex</b> for at least <b>30 s.</b>	Add <b>400 µl precipitation reagent</b> (PREC) and <b>cover the DBS completely.</b>	
	Extract for <b>5 min</b> in the ultrasonic bath.	
Centrifuge for <b>5 min</b> at <b>10 000</b> <i>g</i> .		
Add 250 µl derivatisation solution (DER) to 150 µl supernatant and mix.		
Incubate for <b>5 min</b> at <b>60 °C.</b>		
The <b>derivatised solution</b> is stable for 5 days at $2-8$ °C in the dark.		
<b>Inject 50 μI</b> of the solution into the HPLC.	<b>Inject 100 μI</b> of the solution into the HPLC.	

### Chromatographic conditions

Column material: Prontosil Eurobond, 5 µm

Column dimension:  $125 \times 4 \text{ mm}$ Flow rate: 1.2 ml/min

Please refer to the quality certificate of the column

Fluorescence detection: Excitation: 320 nm

Emission: 415 nm

Temperature: 26 °C Running time: 6 min

#### 9. TREATMENT OF THE COLUMN

It is recommended to use a guard column to extend column life.

After analysis, the column should be flushed with 30 ml ultrapure water (1 ml/min) and stored in 50% methanol in water ( $\sim$  30 ml, flow 0.5 ml/min). Before use, the system should be equilibrated with  $\sim$  30 ml mobile phase (MOPHA).

#### 10. RESULTS

#### Calculation

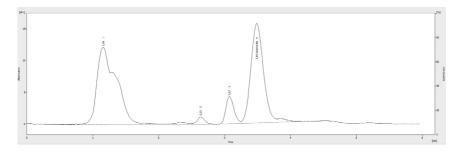
Sample concentration =  $\frac{\text{Peak height sample} \times \text{calibrator concentration}^*}{\text{Peak height calibrator}}$ 

**Tip**: Alternatively, the peak area instead of the peak height can be used for quantification.

<sup>\*</sup> see label

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### Typical chromatogram



### 11. QUALITY CONTROL

We recommend each laboratory to establish its own reference range.

### **Controls**

Control samples should be analysed with each run. Results, generated from the analysis of control samples, should be evaluated for acceptability using appropriate statistical methods. The results for the samples may not be valid if within the same assay one or more values of the quality control sample are outside the acceptable limits.

### 12. PERFORMANCE CHARACTERISTICS

Precision and reproducibility

Intra assay  $(n = 3 \times 6)$ 

Sample	<b>CV</b> [%]
CAL	4.8
C1	3.8
C2	4.3

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### Intra assay DBS $(n = 3 \times 6)$

Sample	CV [%]
VB1	5.3
VB2	8.9
VB3	7.5

### Inter assay $(n = 3 \times 12)$

Sample	CV [%]
CAL	3.3
C1	4.7
C2	5.6

### Inter assay DBS $(n = 3 \times 12)$

Sample	CV [%]
VB1	7.4
VB2	7.2
VB3	6.5

### Analytical sensitivity

Linearity is given over the entire measuring range. Non-linearity is less than 10% over this range.

### Trueness

#### $n = 2 \times 12$

Sample	Recovery [%]
C1	99
C2	97

#### $n = 3 \times 12 DBS$

Sample	Recovery [%]
VB1	96
VB2	107
VB3	87

### 13. DISPOSAL

The derivatisation solution (**DER**) must be oxidised with hydrogen peroxide, the pH value adjusted to 6–8, and disposed as aqueous salt solution. The mobile phase (**MOPHA**) and the precipitation reagent (**PREC**) must be neutralised with NaOH to neutral pH and disposed as salt solution.

**Important:** Reaction will produce heat, be careful! Please refer to the appropriate national guidelines.

### 14. TROUBLESHOOTING

Problem	Possible reason	Solution
No signal	No or defect connection to evaluation system	Check signal cord and connection
	Detector lamp is too old	Change lamp
No peaks	Injector is congested	Check injector
Double peaks	Dead volume in fittings and / or column	Renew fittings and / or column
Contaminating peaks	Injector dirty	Clean injector
	Contamination at the head of the column	Change direction of the column and rinse for 30 min at low flow rate (0.2 ml/min) with mobile phase
	Air in the system	Check pump, purge the system
	Auto sampler vials contaminated	Use new vials or clean them with methanol

Problem	Possible reason	Solution
Broad peaks, tailing	Precolumn / column exhausted	Use new precolumn / column
	Drift in temperature	Use a column oven
Variable retention times	Pump conveys inaccurately	Check pump, purge the system
	System is not in steady state yet	Rinse system mobile phase for 15 min
	Detector lamp did not reach working temperature yet	Wait
Baseline is	Detector lamp is too old	Renew lamp
drifting	System is not in steady state yet	Rinse system mobile phase for 15 min
	Pump conveys inaccurately	Check pump, purge the system
Baseline is not	Pump conveys inaccurately	Check pump, degas the system
smooth	Detector flow cell is dirty	Clean flow cell

#### 15. PRECAUTIONS

- Human materials used in kit components were tested and found to be negative for HIV, Hepatitis B and Hepatitis C. However, for safety reasons, all kit components should be treated as potentially infectious.
- As the derivatisation solution (DER) contains KCN, it should be pipetted under a fume hood.
- The precipitation reagent consists of an acid. It can cause burns and should be handled with gloves, eye protection, and appropriate protective clothing. Any spill should be wiped up immediately with copious quantities of water. Do not breath vapour and avoid inhalation.
- The test components contain organic solvents. Contact with skin or mucous membranes must be avoided.

#### 16. GENERAL NOTES ON THE TEST

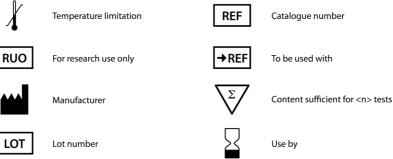
- All reagents in the kit package are for research use only.
- Do not use reagents beyond the expiration date stated on the kit label.
- Do not interchange different lot numbers of any kit component within the same assay.
- Follow the guidelines for laboratories.
- Incubation time, incubation temperature and pipetting volumes of the components are defined by the producer. Any variation of the test procedure, which has not been consulted with the producer, may influence the results of the test. Immundiagnostik AG can therefore not be held responsible for any damage resulting from incorrect use.
- Warranty claims and complaints regarding deficiencies must be lodged within 14 days after receipt of the product. The product should be sent to Immundiagnostik AG along with a written complaint.
- · Analyze controls with each run.
- Always perform the assay according to the enclosed manual.
- Serious incidents are to be reported to Immundiagnostik AG and the national regulatory authorities. Warranty claims and complaints regarding deficiencies must be logged within 14 days after receipt of the product. The product should be send to Immundiagnostik AG along with a written complaint.
- The assay should always be performed according to the enclosed manual.

### 17. REFERENCES

- 1. Ambrosch, A. et al., 2001. Relation between homocysteinaemia and diabetic neuropathy in patients with Type 2 diabetes mellitus. *Diabetic medicine : a journal of the British Diabetic Association*, **18**(3), pp.185–92.
- 2. Dierkes, J., Domröse, U., et al., 2001. Homocysteine lowering effect of different multivitamin preparations in patients with end-stage renal disease. *Journal of renal nutrition:* the official journal of the Council on Renal Nutrition of the National Kidney Foundation, **11**(2), pp.67–72.
- 3. Dierkes, J., Westphal, S., et al., 2001. Vitamin supplementation can markedly reduce the homocysteine elevation induced by fenofibrate. *Atherosclerosis*, **158**(1), pp.161–4.

HPLC analytics Vitamin  $B_6$ 

### Symbol explanation:









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