



# Cryopreserved Human Motor Neurons (BX-0100)

## CONTENTS

- One vial of 5 million cryopreserved human neurons (400  $\mu$ L)
- 100  $\mu$ L Neuron Seeding Supplement at 1000X
- 50  $\mu$ L Neuron Day 4 Supplement at 1000X

Immediately transfer the vial of neurons from dry ice to liquid nitrogen. Transfer the vials of supplements to a  $-20^{\circ}\text{C}$  freezer. Once thawed, the supplements can be stored at  $4^{\circ}\text{C}$  for up to one month.

## ADDITIONAL MATERIALS NEEDED

- DMEM/F12 Medium (Life Technologies #11330-032)
- Neurobasal Medium (Life Technologies #21103-049)
- B27 Supplement (Life Technologies #17504-044)
- N2 Supplement (Life Technologies #17502-048)
- GlutaMAX (Life Technologies #35050-061)
- Geltrex (Life Technologies #A1413201)
- BDNF (Peprotech #450-02)
- GDNF (Peprotech #450-10)
- TGF- $\beta$ 1 (Peprotech #100-21C)
- PDL-Coated 96-Well Plates

## PROCEDURE

### Thawing and Seeding the Neurons

1. Gather the components for the Seeding Medium (see recipe below).
2. Each vial of cells requires approximately 20 mL of seeding medium. Working in a cell culture hood (biological safety cabinet), combine all components in a sterile 50 mL conical tube. Allow the medium to equilibrate to room temperature for 15 minutes. Do not warm the medium in a  $37^{\circ}\text{C}$  water bath.
3. Remove the cryovial from the liquid nitrogen and place in a  $37^{\circ}\text{C}$  water bath. To minimize contamination, avoid submerging the cap. Gently move the vial within the bath to increase the rate of thawing.
4. As soon as the last of the ice melts, which will take  $\sim 75$ -90 seconds, remove the vial from the water bath. Disinfect the vial by spraying it with 70% ethanol and transfer it to the cell culture hood.
5. Slowly add 600  $\mu$ L of seeding medium to the vial at a rate of  $\sim 1$  drop/s using a 1 mL pipette tip. This process should take about 30 seconds.
6. Gently transfer all contents (1 mL total) from the vial to a new sterile 50 mL conical tube.
7. To collect any residual cells, gently add another 1 mL of seeding medium to the vial and then transfer to the conical tube.
8. Slowly add an additional 3 mL of seeding medium to the 50 mL conical tube using a 10 mL serological pipette. Gently swirl the conical tube while adding the medium. This process should take about 1 minute.
9. To count the cells, gently swirl the conical tube again and remove 10  $\mu$ L from the cell suspension. Count the number of viable cells per mL with a hemocytometer using the trypan blue exclusion method to identify dead/viable cells.

10. The recommended seeding density is 10,000 viable cells/well for a 96-well plate (~30,000 viable cells/cm<sup>2</sup>). Use the following equation to determine the volume of cell suspension needed for each 96-well plate: volume of cell suspension needed (mL) =  $(1.2 \times 10^6 \text{ cells}) / (\text{viable cells per mL})$
11. In a separate 50 mL conical tube, add the calculated volume of cell suspension needed, and then add enough medium to obtain a final volume of 12 mL. For example, if the volume of cell suspension needed is 2 mL, combine 2 mL of cell suspension with 10 mL of medium.
12. Mix completely and then plate 100  $\mu$ L/well (10,000 cells/well) onto a PDL-coated 96-well plate using a multi-channel pipettor or liquid handler. Throughout the seeding process, be careful not to move or agitate the plate as this may lead to uneven attachment.
13. After seeding, do not immediately transfer the plate to the incubator. Leave it in the hood for 15 minutes to allow the cells to settle to the bottom of the well. After 15 minutes, very gently transfer the plate to a humidified incubator at 37°C with 5% CO<sub>2</sub>.
14. Note: the day the cells are plated is designated as Day 0.

### Day 1 Medium Change

1. On Day 1 (24 hours after seeding), prepare fresh medium according to the Day 1 Medium composition below. Note that this medium is the same as the Seeding Medium except for the addition of BDNF, GDNF, TGF- $\beta$ 1 and Geltrex (see recipe below).
2. Note that BDNF, GDNF, and TGF- $\beta$ 1 are supplied as lyophilized powders. Follow the manufacturer's instructions for reconstitution. We recommend creating stock solutions of 10  $\mu$ g/mL for BDNF, 10  $\mu$ g/mL for GDNF, and 1  $\mu$ g/mL for TGF- $\beta$ 1.
3. To prepare the Geltrex, add cold DMEM/F12 directly to an aliquot of frozen Geltrex to yield a 1:10 dilution. For example, if aliquots of Geltrex have a volume of 100  $\mu$ L, add 900  $\mu$ L of cold DME/F12. Immediately place this mixture at 4°C to allow the Geltrex to thaw and dissolve.
4. Very gently remove the entire 100  $\mu$ L from each well and gently add 100  $\mu$ L of the Day 1 Medium back to each well. Take care to ensure that the neurons do not dry out at any point in the medium changing process. We recommend changing one row or column at a time using a multichannel pipettor. Once complete, return the plate to the incubator.

### Day 4 Medium Addition

1. On Day 4 (96 hours after seeding), prepare fresh medium as above, except using the Day 4 Supplement and excluding the Geltrex (see recipe below).
2. Gently add 100  $\mu$ L/well to the entire plate for a total of 200  $\mu$ L/well.

### Day 7 and Onward Medium Changes

1. Change half the medium (100  $\mu$ L/well) twice weekly (on Day 7, 11, 14, 18, etc.). The medium for these changes is the same as above excluding the supplements and Geltrex (see recipe below).
2. The neurons mature rapidly can be maintained viable and adherent in culture under the above conditions for at least 3 weeks post-seeding.

## Media Compositions

	Component	Stock Conc.	Final Conc.	Volume
Seeding Medium	1 DMEM/F12 Medium	1X	0.5X	9.6 mL
	2 Neurobasal Medium	1X	0.5X	9.6 mL
	3 B27 Supplement	50X	1X	400 µL
	4 N2 Supplement	100X	1X	200 µL
	5 GlutaMAX	200 mM	0.5 mM	50 µL
	6 Seeding Supplement	1000X	1X	20 µL

	Component	Stock Conc.	Final Conc.	Volume
Day 1 Medium	1 DMEM/F12 Medium	1X	0.5X	9.5 mL
	2 Neurobasal Medium	1X	0.5X	9.5 mL
	3 B27 Supplement	50X	1X	400 µL
	4 N2 Supplement	100X	1X	200 µL
	5 GlutaMAX	200 mM	0.5 mM	50 µL
	6 Seeding Supplement	1000X	1X	20 µL
	7 BDNF	10 µg/mL	10 ng/mL	20 µL
	8 GDNF	10 µg/mL	10 ng/mL	20 µL
	9 TGF-β1	1 µg/mL	1 ng/mL	20 µL
	10 Geltrex	15 mg/mL	15 µg /mL	200 µL (of 1:10)

	Component	Stock Conc.	Final Conc.	Volume
Day 4 Medium	1 DMEM/F12 Medium	1X	0.5X	9.6 mL
	2 Neurobasal Medium	1X	0.5X	9.6 mL
	3 B27 Supplement	50X	1X	400 µL
	4 N2 Supplement	100X	1X	200 µL
	5 GlutaMAX	200 mM	0.5 mM	50 µL
	6 Day 4 Supplement	1000X	1X	20 µL
	7 BDNF	10 µg/mL	10 ng/mL	20 µL
	8 GDNF	10 µg/mL	10 ng/mL	20 µL
	9 TGF-β1	1 µg/mL	1 ng/mL	20 µL

		Component	Stock Conc.	Final Conc.	Volume
Day 7 and Onward Medium	1	DMEM/F12 Medium	1X	0.5X	9.6 mL
	2	Neurobasal Medium	1X	0.5X	9.6 mL
	3	B27 Supplement	50X	1X	400 µL
	4	N2 Supplement	100X	1X	200 µL
	5	GlutaMAX	200 mM	0.5 mM	50 µL
	6	BDNF	10 µg/mL	10 ng/mL	20 µL
	7	GDNF	10 µg/mL	10 ng/mL	20 µL
	8	TGF-β1	1 µg/mL	1 ng/mL	20 µL